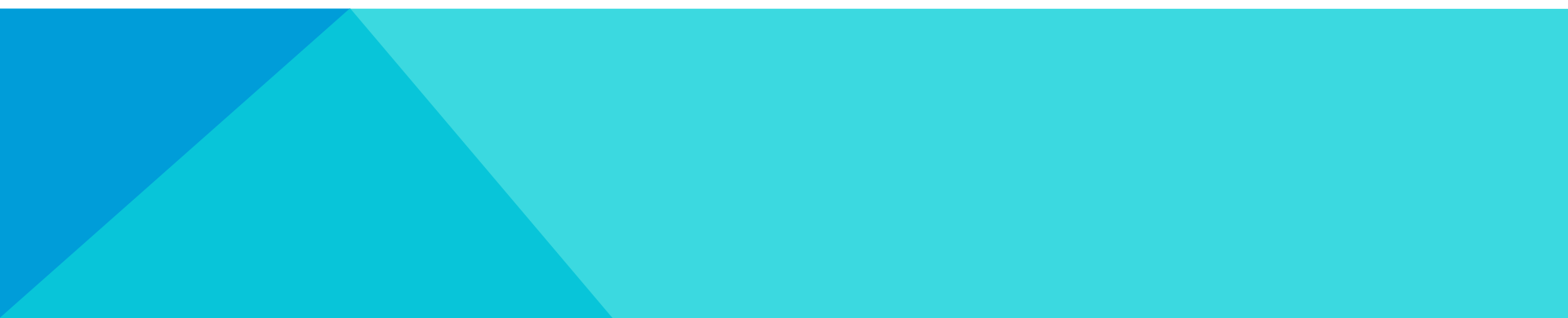


**NORTH ALLEGHENY SCHOOL
DISTRICT**

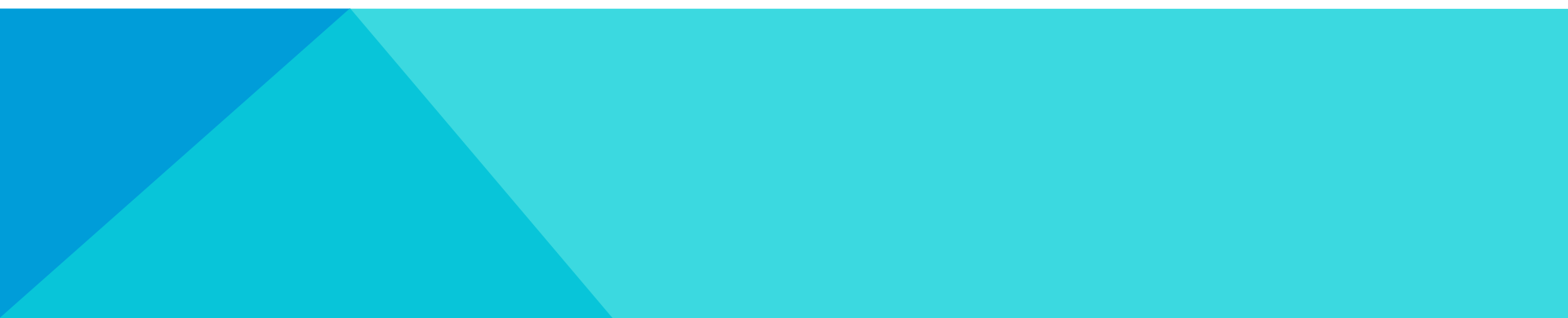
GROWTH AND DEVELOPMENT

GRADE 5 BOYS

OBJECTIVES

- Understand the physical and emotional changes of puberty.
 - Introduce the male reproductive system.
 - Review proper hygiene, and the importance of nutrition and exercise.
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CLASS CONTENT

- Introduction of changes in life phases. (Infancy, childhood, adolescence; grouped in time frame of 5 or 6 years).
 - Introduction of the physical and emotional changes during puberty.
 - View the video *Meet the New You! For boys, Grade3-5.* (Item #9751: Marsh Media)
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- Review male reproductive system and the physical changes of puberty.
 - Review products for personal hygiene – including skin care, hair care and deodorant.
 - Open discussion reflecting on class content with the intent of fostering parental discussion.
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